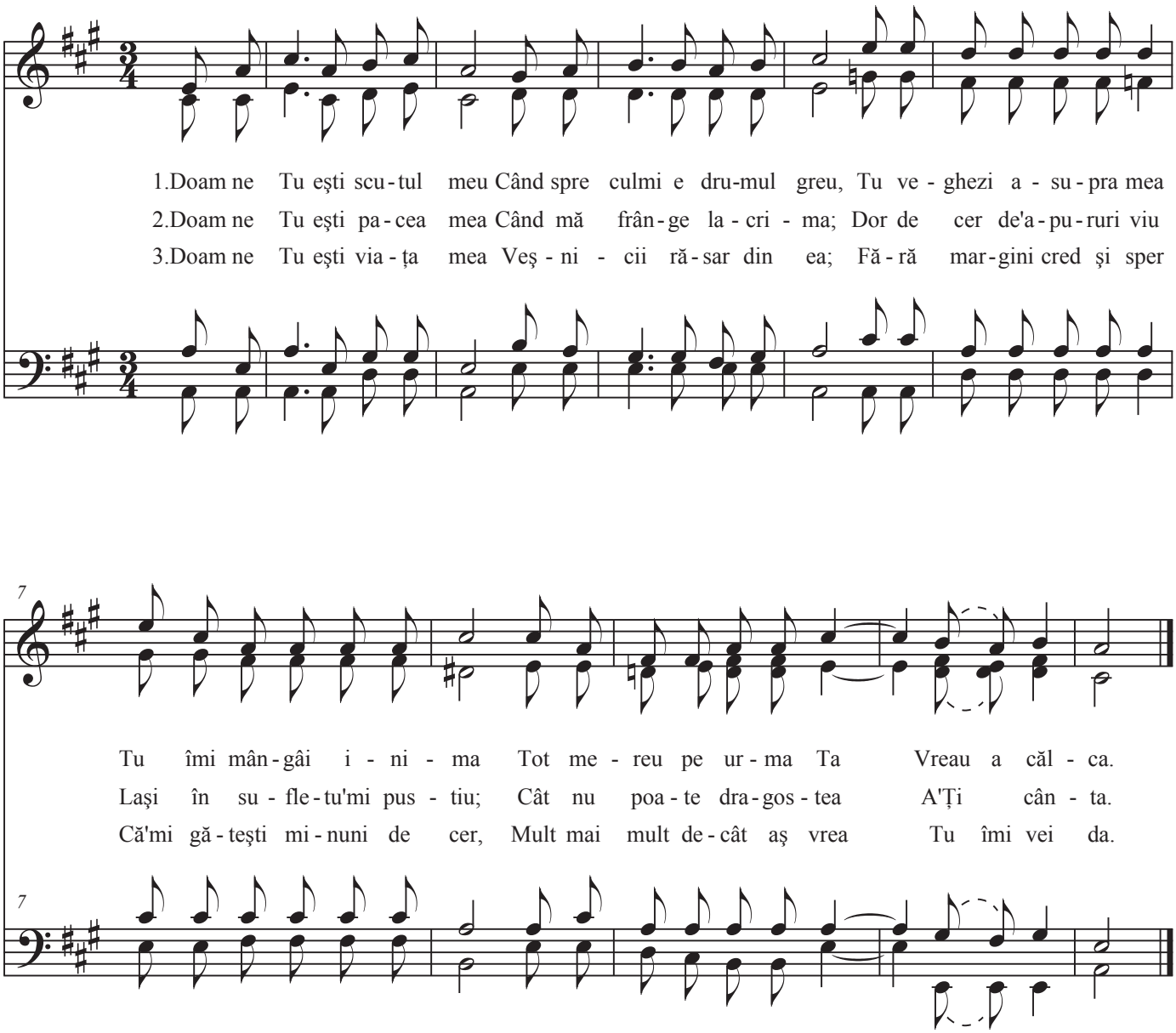Eşti viața mea